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# Ground state properties of the Schrödinger model of ferromagnetism 

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$$
\begin{aligned}
& \text { Abstract. We consider a system described by the hamiltonian } \\
& \qquad \mathscr{H}=-\sum_{i, j} J_{i j} P_{i j}-\sum_{\substack{i . j, j, k, l, l \\
i \neq k, j \neq k, l}} J_{i j k l} P_{i j} P_{k l}-\ldots-g \mu_{\mathrm{B}} H \sum_{i} S_{i z}+D \sum_{i} S_{i z}^{2} \\
& \text { where } P_{i j} \text { is the spin } S \text { Schrödinger exchange operator, } H \text { is an external magnetic field and } \\
& D \text { the single-ion anisotropy constant, and study its ground state properties. In particular for } \\
& S=1 \text { at } T=0 \text { we find that the magnetization } m=0 \text { for } D>g \mu_{\mathrm{B}}|H| \text { while for } D<g \mu_{\mathrm{B}}|H| \text {, } \\
& m=H /|H| \text {, the ground states being non-degenerate. }
\end{aligned}
$$

## 1. Introduction

Consider a system of $N$ spin $S$ particles on a lattice characterized by the hamiltonian

$$
\begin{equation*}
\mathscr{H}=\mathscr{H}_{\mathrm{SI}}+\mathscr{H}_{\mathrm{EX}} \tag{1}
\end{equation*}
$$

where

$$
\begin{equation*}
\mathscr{H}_{\mathrm{SI}}=-g \mu_{\mathrm{B}} H \sum_{i=1}^{N} S_{i z}+D \sum_{i=1}^{N} S_{i z}^{2} . \tag{2}
\end{equation*}
$$

The latter two terms represent the Zeeman and single-ion anisotropy contributions, respectively. Let $|\phi\rangle=\left|m_{1} m_{2} \ldots m_{N}\right\rangle \equiv\left|\left\{m_{i}\right\}\right\rangle$ be a normalized state such that

$$
\left.\begin{array}{l}
S_{i z}|\phi\rangle=m_{i}|\phi\rangle  \tag{3}\\
\left\langle\phi \mid \phi^{\prime}\right\rangle=\delta_{\phi \phi^{\prime}}
\end{array}\right\} \quad i=1,2, \ldots, N
$$

$m_{i}$ can take on the values $-S, \ldots, S$. We define a permutation operator $p_{r}$ by

$$
\begin{equation*}
p_{r}|\phi\rangle=\left|p_{r} \phi\right\rangle \equiv\left|\phi^{\prime}\right\rangle \tag{4}
\end{equation*}
$$

where $p_{r} \phi$ means that the permutation $p_{r}$ is performed on a sequence $\phi=\left\{m_{i}\right\}$ to give the new sequence $\phi^{\prime}=\left\{m_{i}^{\prime}\right\}$. We take for the operator $\mathscr{H}_{\mathrm{EX}}$ the specific form

$$
\begin{align*}
& \mathscr{H}_{\mathrm{EX}}=-\sum_{p_{r} \in \mathcal{S}_{N}} J_{p_{r}}\left(p_{\mathrm{r}}-I\right) \equiv-\widetilde{\mathscr{P}}  \tag{5}\\
& J_{p_{r}} \geqslant 0
\end{align*}
$$

where $S_{v}$ denotes the set of all permutations such that $p_{r}^{2}=I$. If $P_{i j}$ denotes the $\dagger$ On leave from the Department of Electrical Engineering. The Johns Hopkins University, Baltimore, Maryland.

Schrödinger exchange operator (Schrödinger 1941) for spin $S$ which permutes the spin states of the two spins $i$ and $j$, equation (5) is equivalent to the form

$$
\begin{equation*}
\widetilde{\mathscr{P}}=\sum_{i, j} J_{i j} P_{i j}+\sum_{\substack{i, j, k, l \\ i \neq k, l \\ j \neq k, l}} J_{i j k l} P_{i j} P_{k l}+\ldots \tag{6}
\end{equation*}
$$

If we were to set

$$
\begin{array}{rlrl}
J_{i j} & =J & & \text { if } i, j \text { are nearest neighbours } \\
& =0 & & \text { otherwise } \\
J_{i j k l} & =0 & \ldots,
\end{array}
$$

then $\mathscr{H}$ reduces to the previously studied Schrödinger model of ferromagnetism (Kim and Joseph 1973a, b, 1974). In general $P_{i j}$ is a polynomial of degree $2 S$ in $S_{i} . S_{j}$ :

The purpose of the present paper is to study rigorously the ground state ( $T=0$ ) properties of the system described by equations (1), (2) and (5). In § 2 general properties of the matrix $\mathscr{P}$ are studied while in $\S 3$ these properties are used to consider the ground state energy of the system. In $\S 4$ we conclude by showing for the case $S=1$ that the magnetization $m=\left\langle\Sigma_{i} S_{i z}\right\rangle / N$ and quadrupolar order parameter $x=\left\langle\Sigma_{i} S_{i z}^{2}\right\rangle / N$ are related by $x=|m|$. In particular for $D>g \mu_{\mathrm{B}}|H|, m=x=0$ while for $D<g \mu_{\mathrm{B}}|H|$, $|m|=x=1$. For these situations the ground state is non-degenerate. When $D=g \mu_{\mathrm{B}}|H|$ no simple result is obtained due to a possible degeneracy in the ground state.

## 2. Matrix elements of $\tilde{\mathscr{P}}$

By its definition, $p_{r}$ changes the configuration $\left\{m_{i}\right\}$ into the new configuration $\left\{m_{i}^{\prime}\right\}$ but it preserves the quantities $\Sigma_{i} m_{i}$ and $\Sigma_{i} m_{i}^{2}$. Hence we have

$$
\left[p_{r}, \sum_{i} S_{i z}\right]=\left[p_{r}, \sum_{i} S_{i z}^{2}\right]=0
$$

so that the hamiltonian commutes with both $\Sigma_{i} S_{i z}$ and $\Sigma_{i} S_{i z}^{2}$.
Let $S(Q, M)$ be the finite set of all the $\phi=\left\{m_{i}\right\}$ with the constraints $M=\Sigma_{i} m_{i}$, $Q=\Sigma_{i} m_{i}^{2}$. We then have

$$
\begin{align*}
& \sum_{i} S_{i z}|\phi\rangle=M|\phi\rangle \\
& \sum_{i} S_{i z}^{2}|\phi\rangle=Q|\phi\rangle \quad \text { when } \phi \in S(Q, M) .
\end{align*}
$$

Furthermore we have that

$$
\begin{equation*}
\left\langle\phi^{\prime}\right| \mathscr{H}|\phi\rangle \neq 0 \tag{8}
\end{equation*}
$$

only when $\phi, \phi^{\prime}$ both belong to the same set $S(Q, M)$ since $p_{r}|\phi\rangle=\left|\phi^{\prime}\right\rangle \in S(Q, M)$ if $|\phi\rangle \in S(Q, M)$ for any $p_{r}$. Consequently we may restrict our attention to the quantities $\left\langle\phi^{\prime}\right| \widetilde{\mathscr{P}}|\phi\rangle$ where both $\phi \in S(Q, M)$ and $\phi^{\prime} \in S(Q, M)$.

Now if $\phi \neq \phi^{\prime}$ we have

$$
\begin{align*}
\left\langle\phi^{\prime}\right| \tilde{\mathscr{P}}|\phi\rangle & =\left\langle\phi^{\prime}\right| \sum_{p_{r} \in S_{N}} J_{p_{r}}\left(p_{r}-I\right)|\phi\rangle \\
& =\sum_{p_{r} \in S_{N}} J_{p_{r}}\left\langle\phi^{\prime}\right| p_{r}|\phi\rangle \\
& =\sum_{p_{r} \in S_{N}} J_{p_{r}}\left\langle\phi^{\prime} \mid p_{r} \phi\right\rangle . \tag{9}
\end{align*}
$$

But $\left\langle\phi^{\prime} \mid p_{r} \phi\right\rangle=1$ if $p_{r}|\phi\rangle=\left|\phi^{\prime}\right\rangle$, otherwise it is zero. Hence we immediately have the result

$$
\begin{equation*}
\left\langle\phi^{\prime}\right| \tilde{\mathscr{P}}|\phi\rangle \geqslant 0 \quad \text { if } \phi^{\prime} \neq \phi \tag{10}
\end{equation*}
$$

Consider now the quantity $P_{i j} \Sigma_{\phi \in S(Q, M)}|\phi\rangle$ where $P_{i j}$ is any transposition $(i, j)$. Suppose that $\phi \in S(Q, M)$ and let $P_{i j}|\phi\rangle \equiv\left|\phi^{\prime}\right\rangle$. Then $\phi^{\prime} \in S(Q, M)$ also. Furthermore we see that $P_{i j}\left|\phi^{\prime}\right\rangle=P_{i j}^{2}|\phi\rangle=|\phi\rangle$. Here $\phi^{\prime}$ and $\phi$ may or may not be the same depending upon whether $m_{i}$ and $m_{j}$ are the same or not. Therefore we can always regroup the quantity $\Sigma_{\phi \in S(Q, M)}|\phi\rangle$ into the form

$$
\begin{equation*}
\sum_{\phi}|\phi\rangle=\sum_{\phi_{0}}\left|\phi_{0}\right\rangle+\sum_{\phi_{1}}\left(\left|\phi_{1}\right\rangle+\left|\phi_{2}\right\rangle\right) \tag{11}
\end{equation*}
$$

where $\phi_{0}$ denotes those $|\phi\rangle$ which remain unchanged under the $P_{i j}$ operator and $\left|\phi_{2}\right\rangle=P_{i j}\left|\phi_{1}\right\rangle$ with $\phi_{1} \neq \phi_{2}$. Applying the operator $P_{i j}$ to this form we see that

$$
\begin{equation*}
P_{i j} \sum_{\phi \in S(Q, M)}|\phi\rangle=\sum_{\phi \in S(Q, M)}|\phi\rangle \quad \text { for any } i, j . \tag{12}
\end{equation*}
$$

Now any $p_{r}$ can be decomposed into products of the transpositions, e.g. equation (6), and for each of these transpositions, equation (12) holds. Hence we have

$$
\begin{equation*}
\operatorname{pr}_{r \in S} \sum_{\phi(Q, M)}|\phi\rangle=\sum_{\phi \in S S, M)}|\phi\rangle \tag{13}
\end{equation*}
$$

or upon performing the sum $p_{r} \in S_{N}$ and using the definition of the operator $\widetilde{\mathscr{P}}$,

$$
\tilde{\mathscr{P}}\left(\sum_{\phi \in S}(Q, M)=0 .\right.
$$

This immediately gives us the result

$$
\begin{equation*}
\sum_{\phi \in S(Q, M)}\left\langle\phi^{\prime}\right| \tilde{\mathscr{P}}|\phi\rangle=0 \quad \text { for all } \phi^{\prime} \tag{14}
\end{equation*}
$$

We know that

$$
\left\langle\phi^{\prime}\right| p_{r}|\phi\rangle= \begin{cases}1 & \text { if } p_{r}|\phi\rangle=\left|\phi^{\prime}\right\rangle  \tag{15}\\ 0 & \text { otherwise }\end{cases}
$$

and that

$$
\langle\phi| p_{r}\left|\phi^{\prime}\right\rangle= \begin{cases}1 & \text { if } p_{r}\left|\phi^{\prime}\right\rangle=|\phi\rangle  \tag{16}\\ 0 & \text { otherwise. }\end{cases}
$$

But since $p_{r}^{2}=I$ we have

$$
\langle\phi| p_{r}\left|\phi^{\prime}\right\rangle= \begin{cases}1 & \text { if } p_{r}|\phi\rangle=\left|\phi^{\prime}\right\rangle  \tag{17}\\ 0 & \text { otherwise }\end{cases}
$$

Hence we find that

$$
\left\langle\phi^{\prime}\right| p_{r}|\phi\rangle=\langle\phi| p_{r}\left|\phi^{\prime}\right\rangle= \begin{cases}1 & \text { if } p_{r}|\phi\rangle=\left|\phi^{\prime}\right\rangle  \tag{18}\\ 0 & \text { otherwise }\end{cases}
$$

Therefore

$$
\begin{align*}
\left\langle\phi^{\prime}\right| \tilde{\mathscr{P}}|\phi\rangle & =\left\langle\phi^{\prime}\right| \sum_{p_{r} \in \mathcal{S}_{N}} J_{p_{r}}\left(p_{r}-I| | \phi\right\rangle \\
& \left.=\sum_{p_{r} \in S_{N}} J_{p_{r} r}\left\langle\phi^{\prime}\right| p_{r}|\phi\rangle-\left\langle\phi^{\prime} \mid \phi\right\rangle\right) \\
& =\sum_{p_{r} \in \mathcal{S}_{N}} J_{p_{r}}\left(\langle\phi| p_{r}\left|\phi^{\prime}\right\rangle-\left\langle\phi \mid \phi^{\prime}\right\rangle\right) \\
& =\langle\phi| \sum_{p_{r} \in \mathcal{S}_{N}} J_{p_{r}}\left(p_{r}-I\right)\left|\phi^{\prime}\right\rangle \\
& =\langle\phi| \mathscr{\mathscr { P }}\left|\phi^{\prime}\right\rangle . \tag{19}
\end{align*}
$$

Hence we see that $\langle\phi| \widetilde{\mathcal{P}}\left|\phi^{\prime}\right\rangle$ is a real, symmetric, finite (with dimension equal to the number of elements in $S(Q, M)$ ) matrix with non-negative off-diagonal elements and that the sum of the elements in any row (or column) is zero.

## 3. Ground state energy

In order to study the ground state energy of the system we make use of the following theorem.

Theorem. Let $\boldsymbol{A}$ be a real, symmetric matrix of dimension $n$ whose elements $a_{i j}$ satisfy the following conditions:

$$
\begin{array}{ll}
a_{i j} \geqslant 0 & \text { if } i \neq j \\
\sum_{j=1}^{n} a_{i j}=0 & \text { for all } i . \tag{21}
\end{array}
$$

Then the largest eigenvalue of $\boldsymbol{A}$ is zero. The vector $\hat{x}=n^{-1 / 2}(1,1, \ldots, 1)$ is an eigenvector (not necessarily unique) of $\boldsymbol{A}$ corresponding to the eigenvalue zero.

Proof. The maximum eigenvalue of $A$ is equal to the greatest value which the quadratic form

$$
\begin{equation*}
A(x, x) \equiv \sum_{i, j=1}^{n} a_{i j} x_{i} x_{j} \tag{22}
\end{equation*}
$$

can take subject to the condition

$$
\begin{equation*}
\sum_{i=1}^{n} x_{i}^{2}=1 \tag{23}
\end{equation*}
$$

Furthermore the unit vector $\hat{x}$ which gives this maximum is the corresponding eigenvectort. Equation (22) can be rewritten in the identical form

$$
\begin{equation*}
A(x, x)=-\frac{1}{2} \sum_{i, j=1}^{n} a_{i j}\left(x_{i}-x_{j}\right)^{2}+\frac{1}{2} \sum_{i, j=1}^{n} a_{i j}\left(x_{i}^{2}+x_{j}^{2}\right) . \tag{24}
\end{equation*}
$$

It follows directly from equation (21) together with the fact that $a_{i j}=a_{j i}$ that the last sum in this equation is zero whence we have

$$
\begin{equation*}
A(x, x)=-\frac{1}{2} \sum_{i, j=1}^{n} a_{i j}\left(x_{i}-x_{j}\right)^{2}=-\sum_{i>j} a_{i j}\left(x_{i}-x_{j}\right)^{2} \tag{25}
\end{equation*}
$$

Hence from equation (20) we have the result

$$
\begin{equation*}
A(x, x) \leqslant 0 . \tag{26}
\end{equation*}
$$

If $x_{i}=x_{j}$ for all $i, j$, we have that $A(x, x)=0$ which by equation (26) is the maximum value of $A(x, x)$. By the normalization condition (equation (23)) the vector $x=n^{-1 / 2}(1,1, \ldots, 1)$ is the eigenfunction corresponding to the eigenvalue zero. Note however that this eigenfunction is not necessarily the only eigenfunction corresponding to eigenvalue zero since depending upon what the $a_{i j}$ are, this eigenvalue zero may be degenerate.

The matrix $\langle\phi| \widetilde{\mathscr{P}}\left|\phi^{\prime}\right\rangle$ satisfies all the requirements of this theorem whence we conclude that its largest eigenvalue is zero and one possible state associated with this eigenvalue is proportional to $\Sigma_{\phi \in S(Q, M)}|\phi\rangle$.

Let $\left|Q, M, \psi_{i}\right\rangle$ denote the eigenstates of $\widetilde{\mathscr{P}}$ in the $Q, M$ subspace associated with the eigenvalue $\lambda_{\psi_{i}} \leqslant 0$. Here $i$ takes on the values $1,2, \ldots,|S(Q, M)|$ where $|S(Q, M)|$ is the number of elements in the set $S(Q, M)$. In particular

$$
\begin{equation*}
\left|Q, M, \psi_{1}\right\rangle \equiv|S(Q, M)|^{-1 / 2} \sum_{\phi \in S(Q, M)}|\phi\rangle \tag{27}
\end{equation*}
$$

denotes the eigenfunction corresponding to the maximum eigenvalue $\lambda_{\psi_{1}}=0$. In other words we have

$$
\begin{align*}
& \left(\sum_{i=1}^{N} S_{i z}\right)\left|Q, M, \psi_{i}\right\rangle=M\left|Q, M, \psi_{i}\right\rangle  \tag{28}\\
& \left(\sum_{i=1}^{N} S_{i z}^{2}\right)\left|Q, M, \psi_{i}\right\rangle=Q\left|Q, M, \psi_{i}\right\rangle  \tag{29}\\
& \tilde{\mathscr{P}}\left|Q, M, \psi_{i}\right\rangle=\lambda_{\psi_{i}}\left|Q, M, \psi_{i}\right\rangle . \tag{30}
\end{align*}
$$

Hence $\left|Q, M, \psi_{i}\right\rangle$ is an eigenstate of $\mathscr{H}$ with eigenvalue

$$
\begin{equation*}
E\left(Q, M, \psi_{i}\right\rangle=-\lambda_{\psi_{i}}-g \mu_{\mathrm{B}} H M+D Q \tag{31}
\end{equation*}
$$

In particular we have

$$
\begin{equation*}
E\left(Q, M, \psi_{1}\right)=-g \mu_{\mathrm{B}} H M+D Q \tag{32}
\end{equation*}
$$

and

$$
\begin{equation*}
E\left(Q, M, \psi_{i}\right) \geqslant E\left(Q, M, \psi_{1}\right) . \tag{33}
\end{equation*}
$$

[^0]Thus far our results have been valid for general $S$. Let us now for concreteness restrict our attention to the case $S=1$ (where $\left.P_{i j}=-1+\boldsymbol{S}_{i} \cdot \boldsymbol{S}_{j}+\left(\boldsymbol{S}_{i} \cdot \boldsymbol{S}_{j}\right)^{2}\right)$. The number of elements in the set $S(Q, M)$ is then just

$$
\begin{equation*}
|S(Q, M)|=\binom{N}{Q}\binom{Q}{\frac{1}{2}(Q+M)} \tag{34}
\end{equation*}
$$

$Q$ can take the values $0,1,2, \ldots, N$ and $M$ the values $-Q,-Q+2, \ldots, Q-2, Q$ for fixed $Q$. Alternatively $M$ can take the values $-N, \ldots, N$ and $Q$ the values $|M|,|M|+2, \ldots, N$ or $N-1$ for fixed $M$. In terms of the $|\phi\rangle=\left|\left\{m_{i}\right\}\right\rangle$ notation we have

$$
\begin{align*}
& \left|0,0, \psi_{1}\right\rangle=|0,0,0, \ldots, 0\rangle \\
& \left|N, N, \psi_{1}\right\rangle=|1,1,1, \ldots, 1\rangle \\
& \left|N,-N, \psi_{1}\right\rangle=|-1,-1,-1, \ldots,-1\rangle \\
& \left|1,1, \psi_{1}\right\rangle=N^{-1 / 2}(|1,0,0, \ldots, 0\rangle+|0,1,0, \ldots, 0\rangle+|0,0,1,0, \ldots, 0\rangle \\
& +\ldots+|0,0,0, \ldots, 0,1\rangle) \tag{35}
\end{align*}
$$

and so on. For this case we have

$$
\begin{align*}
& E\left(0,0, \psi_{1}\right)=0 \\
& E\left(N, N, \psi_{1}\right)=\left(D-g \mu_{\mathrm{B}} H\right) N \tag{36}
\end{align*}
$$

and so on. It then follows from equations (32) and (33) that

$$
\begin{equation*}
E\left(Q, M, \psi_{i}\right) \geqslant E\left(Q, M, \psi_{1}\right)=-g \mu_{\mathrm{B}} H M+D Q . \tag{37}
\end{equation*}
$$

The equality may hold for several $\psi_{i}$ other than $i=1$ due to the possible degeneracy of the eigenvalue zero of $\widetilde{\mathscr{P}}$. Let us consider equation (37) for the following situations.
(i) $D>g \mu_{\mathrm{B}} H>0$. Then
$E\left(Q, M, \psi_{i}\right) \geqslant-g \mu_{\mathrm{B}} H M+D Q=\left(-g \mu_{\mathrm{B}} H+D\right) Q+g \mu_{\mathrm{B}} H(Q-M) \geqslant Q\left(D-g \mu_{\mathrm{B}} H\right) \geqslant 0$.

Hence

$$
\begin{equation*}
E\left(Q, M, \psi_{i}\right) \geqslant E\left(0,0, \psi_{1}\right)=0 \tag{39}
\end{equation*}
$$

with equality holding only when $\left|Q, M, \psi_{i}\right\rangle=\left|0,0, \psi_{1}\right\rangle$ and there is no degeneracy in the ground state.
(ii) $g \mu_{\mathrm{B}} H>0, D<g \mu_{\mathrm{B}} H$. Then

$$
\begin{align*}
E\left(Q, M, \psi_{i}\right) & \geqslant-g \mu_{\mathrm{B}} H M+D Q \\
& \geqslant D Q-g \mu_{\mathrm{B}} H Q=Q\left(D-g \mu_{\mathrm{B}} H\right) \\
& \geqslant-\left(g \mu_{\mathrm{B}} H-D\right) N=E\left(N, N, \psi_{1}\right) . \tag{40}
\end{align*}
$$

Therefore

$$
\begin{equation*}
E\left(Q, M, \psi_{i}\right) \geqslant E\left(N, N, \psi_{1}\right)=\left(D-g \mu_{\mathrm{B}} H\right) N \tag{41}
\end{equation*}
$$

with equality holding only when $\left|Q, M, \psi_{i}\right\rangle=\left|N, N, \psi_{1}\right\rangle$ and there is no degeneracy in the ground state.
(iii) If $H<0$, similar arguments lead to the unique ground state $\left|0,0, \psi_{1}\right\rangle$ for $D>g \mu_{\mathrm{B}}|H|$ and $\left|N,-N, \psi_{1}\right\rangle$ for $D<g \mu_{\mathrm{B}}|H|$.

## 4. Conclusion

When $T=0$ the free energy per particle, $f$, is equal to the ground state energy per particle. In this case the magnetization $m$ and quadrupolar order parameter $x$ become

$$
\begin{equation*}
m \equiv \frac{1}{N}\left\langle\sum_{i} S_{i z}\right\rangle=\langle 0| \frac{1}{N} \sum_{i} S_{i z}|0\rangle \tag{42}
\end{equation*}
$$

and

$$
\begin{equation*}
x \equiv \frac{1}{N}\left\langle\sum_{i} S_{i z}^{2}\right\rangle=\langle 0| \frac{1}{N} \sum_{i} S_{i z}^{2}|0\rangle \tag{43}
\end{equation*}
$$

where the symbol $|0\rangle$ means we consider the non-degenerate ground state. Hence for $S=1$ we have from the results of the previous section that:
(i) $D>g \mu_{\mathrm{B}}|H|$

$$
\begin{equation*}
f=0, \quad m=x=0 \tag{44}
\end{equation*}
$$

since the ground state is just $|0,0, \ldots, 0\rangle$.
(ii) $D<g \mu_{\mathrm{B}}|H|$

$$
\begin{equation*}
f=-N\left(g \mu_{\mathrm{B}}|H|-D\right), \quad m=\frac{H}{|H|}, \quad x=1 \tag{45}
\end{equation*}
$$

since the ground state is $|1,1, \ldots, 1\rangle$ for $H>0$ and $|-1,-1, \ldots,-1\rangle$ for $H<0$. If $D=g \mu_{\mathrm{B}}|H|$ there is a possible degeneracy in the ground state, so that no simple result holds for the values of $x$ and $m$. However, for this situation it follows directly that $x=|m|$ since $E\left(Q, M, \psi_{i}\right) \geqslant 0$ with equality holding only when $Q=M$ for $H>0$, $Q=-M$ for $H<0$.

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[^0]:    † For a proof of this statement see for example Courant R and Hilbert D 1953 Methods of Mathematical Physics vol 1 (New York and London: Interscience) pp 23-7.

